

## EMPLOYEE ASSISTANCE PROGRAM - IEAP

Employees and their families often face challenging daily demands, including issues at work, with family, finances and more. Louisiana Machinery will continue to offer an Employee Assistance Program (EAP) for you, your spouse, and your eligible dependents. With the EAP, you are provided with free, confidential counseling by experienced licensed counselors.

There is NO COST to you and nothing to sign up. Enrollment is automatic for all eligible employees.

All services are **FREE** and **CONFIDENTIAL**.

### SERVICES OFFERED

Access to a network of providers with expertise in:

- Marriage & Family Issues
- Adolescent Counseling
- Social Workers
- Therapists
- Legal and Finance
- Substance Abuse

Issues covered through EAP benefits are:

- Stress management
- Depression/Anxiety
- Family/Parenting
- Emotional Issues
- Alcohol/drug abuse
- Community Referral Services
- Legal Referrals
- Financial Referrals



Regardless of the plan you choose, all plan members have access to a **free** and **confidential** Employee Assistance Program provided by Interface EAP. IEAP allows you (and your spouse and children if applicable) to see a mental health therapist for 8 free, face-to-face visits for each issue each year provided you call Interface EAP first.

**You can also request to speak with a lawyer or a financial advisor. Call 800-324-4327 to access your EAP or visit [www.4eap.com](http://www.4eap.com)**

Access to the EAP is 24 hours a day, 365 days a year.